

Barrhaven Schedule - Effective September 6th, 2011

<i>Date / Time</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>5:00pm to 5:45pm.</i>	Children All Belts	Private training	Children All Belts	Little Dragon 5:00pm to 5:30pm	Red & Black Belt 5:30 pm to 6:30 pm
<i>5:45pm to 6:30pm</i>	Children All Belts + Children Beginner	Children All Belts + Children Beginner	Children All Belts + Children Beginner	Children All Belts + Children Beginner	
<i>6:30pm to 7:30 pm</i>	All Age (Adult + Children) All Belts + Beginner	All Ages (Adult + Children) All Belts + Beginner	All Ages (Adult + Children) All Belts + Beginner	All age All Belts + Beginner	All Age (Adult + Children) All belts
<i>7:30 pm to 8:30pm</i>	Adult All Belts + Adult Beginner	Black belt class Black Belt only	Adult All Belts + Adult Beginner	Adult All Belts + Adult Beginner	
<i>8:30pm to 9:30 pm</i>	<i>Fitness Kickbox</i>		<i>Fitness Kickbox</i>	<i>Fitness Kickbox</i>	

Saturday Morning Class

	<i>9:30am to 10:15 am</i>	<i>10:15am to 11:15am</i>	<i>11:15 am to 12:15 am</i>
	Children All Belts + Children Beginner	All Ages (Adult + Children) All Belts	Pattern class All ages Green Belt and up